

GET INSPIRED WITH UYLETA NEL-MARAIS

Uyleta Nel-Marais is the reigning Mrs Universe South Africa 2022. She will be representing South Africa at the international Mrs Universe pageant that will be hosted in Bulgaria in 2023. Millennial Woman magazine had the opportunity to chat with her:

Q) What ignited your interest in modelling?

A) I have always enjoyed watching the different pageants and seeing the beautiful gowns. I always thought maybe one day that can be me. That thought became a reality and I am thankful for the opportunity to represent South Africa internationally.

Q) Why did you enter Mrs Universe South Africa?

A) I wanted to grow mentally and emotionally. The platform of Mrs Universe South Africa gives you the opportunity to be the voice for those who are still suffering in silence or are scared to speak up against Gender-based Violence. It also empowers you and builds your self-confidence to become the best version of yourself.

Q) How has your reign as Mrs Universe South Africa been?

A) It has been wonderful. It's an honour to wear the crown and to be involved in the community. I have also seen a lot of growth within myself. Being Mrs Universe South Africa can also be challenging at times but with my support system (from my husband, family and the platform itself) I can face anything.

Q) What lessons have you learnt from your journey as Mrs Universe South Africa?

A) That you can achieve anything if you work hard. Be brave and confident and you'll move mountains.

Q) What advice would you give to the ladies who will be competing for the Mrs Universe Africa crown next year?

A) Just be yourself and know what you stand for. Don't try to be somebody else because you are so unique. Embrace every opportunity and enjoy every moment of your journey.

Q) How are you preparing for the international Mrs Universe competition that will be taking place in Bulgaria next year?

A) I am attending classes as I believe that preparation is everything. I'm also maintaining a positive mind set which is very important. I also have scheduled meetings with designers and sponsors to be fully prepared for the international pageant.